

KAMARES VILLAGE MATTERS

Kamares Village Houseowners' Association Newsletter



St Valentine's Day



The next KVHA social will be Valentine's Day "Love Is In The Air" Party on Tuesday, February 14th with the talented Melanie Ballard plus DJ Marcos with his wonderful disco lights. Tickets €28pp available at reception. A special three course menu with a welcome bubbly drink.

Diary Dates

At the Kamares Club

The Kamares Wine Society recommences its monthly meetings in March. More details in next month's edition.

Friday, March 24 Charity event for Alzheimer's with singer Mark Gregory

Christmas Party on Wednesday, December 13th with DJ Marcos

Committee News - January 2017

By Val Potter, KVHA Secretary



Yesterday, 10th January the KVHA committee met for their first meeting of 2017. We had a few queries to deal with from members, as follows;

A barking dog led to two of our members investigating, to find a lovely Labrador type dog tied to the door frame of the pool pump house of a very dilapidated villa in Kamares, he had water and biscuits and was very happy to have company, his cries get desperate and he is obviously very lonely. A visit to the dog will be undertaken – if you know anything about this situation please contact me.

A piece of very distinctive jewellery which was found in the Kamares Club on the 18th November 2016 has still not been claimed! If you have lost a very unusual item please contact myself or Club reception.

A proposal that a calendar could be produced for next year, possibly for charity was looked into, unfortunately it would be very time consuming and costly, however the suggestion will be passed onto the marketing manager for Leptos.

There has been some dissatisfaction expressed over the delivery of post to the Club, in some instances over the time it takes to receive mail. Panayiotis Kezoudi explained that all post for Kamares was collected from the main post office on Monday, Wednesday and Friday - the following week Tuesday and Thursday at 1pm, they had tried collecting it on a daily basis but it did not work as there was not enough mail sorted in time for a daily visit.

The parking around the Club has been an issue for a while, however a quick chat to Panayiotis had him taking photographs of the area near to the recycling bins which he proposed sending to Leptos to see if the area could be levelled and made more accessible for people walking to and from their cars. Fingers crossed.

Four hunting type dogs had been making a nuisance of themselves, Panayiotis Kezoudi had contacted Paphiakos who attempted to catch them, two puppies were restrained but the other two would not be caught.

Welcome Back

Kamares Reception welcomes back Zacharo after 4 months maternity leave - looking slimmer and glamorous!

Community Council Elections

Kili

Mukhtar:

Michalis Efthimiou

Council Members:

- Costas Prodromou
- Prodromos Prodromou
- Lazaros Agathokleous
- George Sabbides
- Sotiris Miltiadous
- Athanasios Anthansiou

Tala

Mukhtar:

Areti Pieridou

Council Members:

- Andreas Papagrigoriou
- Stavros Kyriakou
- Nikos Nikou
- Cathi Delaney
- Daniel Andreou
- Christodoulos Giannakou
- Andreas Onisiforou
- Nikolas Stylianou

I have had a report of a black and white dog chasing cars in Kamares, this has nearly resulted in one accident due to the driver having to swerve to avoid the dog, please let me know if it happens to you.

We hope to start the collection of aluminium cans for the Charity 'Cans For Kids' at the beginning of February, we have the bin and the sign. I will send out details nearer to the time.

Important – I will be informed when there is any news of the handover of water from Leptos to Tala. Apparently there are ongoing negotiations so until official news we will still continue to pay Leptos.

Congratulations to Michalis Efthimiou and Areti Pieridou, re-elected Mukhtars of Kili and Tala respectively and their teams of Council Members.



Kamares Club Weekly Activities
Full details on the website and our Notice Board at the Club

	Morning	Afternoon	Evening
Monday	Yoga	Pilates	
	Bridge Club		
Tuesday	Paphos Voices Choir		Quiz
	Hula Hoop		
Wednesday	Tai Chi	Book and DVD Library	
	Art Group		
Thursday	Bridge Club		Monthly Wine Tasting
Friday	Orphean Singers	Quilting Group	
	Tai Chi		

2016 Christmas Party



The Christmas Party on December 14 was a great success with over 80 attending; Whitemouse Duo started us off with Christmas songs and then into dancing music; the Christmas buffet was very good and Marinos and his staff looked after everyone.

Litter Pick Up

Only three of us (including Stormin' Norman and 'Keen' John Keenan) turned up to pick up litter on December 17, due to the rain, plus three who said they would pick up another time.



The next litter hour will be on Saturday, January 21st meeting at 9:00a.m. outside the Cliff Bar (weather permitting). If you would like to help but can't make it on the allotted days, please contact Maggie on 99318477 to collect an orange council bag and make a difference.

Start The New Year With An Annual Medical



The Kamares Medical Centre offers its members an annual medical for only €102, this entails the following:

Urine specimen

Women - Mammogram

Men PSA level checked for Prostate Enlargement

Chest X-Ray

Bloods

The above tests are conducted at the Iasis Hospital and usually the results are ready the same day in the afternoon.

The patient collects the results and returns to Kamares Medical Centre for consultation with the Doctor who will discuss any findings with the patient.

This will be followed by :

ECG

Blood Pressure check etc

Women have the option to have an ultrasound of the breast instead of a Mammogram but there is an extra charge of €45.

Patients wishing to take up this offer should first visit the Kamares Centre and the nurse will make the appointment for the Mammogram. Alternatively patients can go direct to the Iasis stating they have come for their annual medical from Kamares.

The patient pays at the Iasis reception either by card, cash or cheque and must produce the invoice or receipt at Kamares when having their consultation.


Coptic Storms

The Coptic Storm forecast for the 11th January arrived early but within the five days 'allowed'. The rain and the near metre of snow on the mountains should help to replenish the dams. The details of the next two coming this month are below.



DATE
19th January
ARABIC NAME
El-fedara - El kebira
NAME
Large Feeder Gale
DURATION
5 Days

DIRECTION




DATE
28th January
ARABIC NAME
Un-named Gale
NAME
Gale
DURATION
2 Days

DIRECTION



Sally: Everybody's Pet

By Maureen Pollard

Most people using the club or clinic are very familiar with Sally the lovely cross Terrier who runs around between the two facilities. Everybody seems to pet her and feed her titbits from their meals at the club. She actually lives at the Medical Centre and has a cosy kennel with mattress and blankets on the patio. I often get asked how old she is as she is now greying around the ears and jowls. We estimate that she is around 11 years old.

She came to the clinic within the first few months of the clinic opening in 2007 and she was then a very bouncy young pup. Sally was brought to the clinic by one of the Leptos gardeners who apparently rescued her from his neighbour who was about to dispose of her! The nurses fell in love with her and wanted to keep her. We were not sure how this would work and there was the matter of feeding and vet fees etc. Needless to say she stayed and plans had to be put into place for her well being.



The first thing was to have her neutered for obvious reasons and a little fund was set up in the library to help with the rest of her care. However, Bill and I oversee her general wellbeing and supplement any short falls as there is not always enough for vet fees but people are very generous.

One day a beautiful little kitten appeared at the clinic, an obvious stray or a 'drop off'. Sally took this little kitten under her wing and they became firm companions, we called this kitten Harry. He thrived under Sally's care and grew to be a beautiful cat and was as popular with residents as Sally. To see them play, eat and sleep together was a joy and they were together for several years.

Unfortunately one day it was apparent that Harry was not very well and was having trouble breathing. A visit to the vet resulted in him having to be kept in as they discovered his lungs were full of fluid and he was also a chronic diabetic. After 10 days of intensive treatment the vet recommended he be put to sleep as he would not survive and would die in pain. This was the most terrible decision we have had to make but we had to follow the vets advice. For a while Sally looked a bit lost and was obviously missing him terribly. However, Dr.Pradeep brought another sweet stray cat from the Iasis hospital as a replacement friend. She is called Lisa and again because of Sally's gentle nature they have become firm friends.

We take Sally on regular walks and she loves riding in the car. We just hope we will have her with us for many more years as she gives such pleasure to everyone particularly children.

Useful Telephone Numbers

USEFUL TELEPHONE NUMBERS	
Emergency Number for Ambulance, Fire or Police	199 / 112
Police and Fire Services - Duty Officer	1499
Medical Assistance - Hospital Information	1400
Larnaca and Paphos International Airports	77 778833



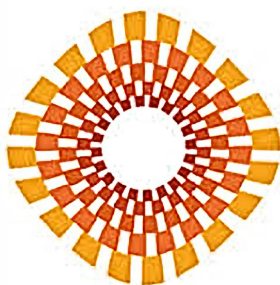
EMERGENCY MEDICAL CENTRE

Reception 26 653 328

EMERGENCY NUMBER 99329434

Pafos 2017

By Maggie Wright



PAFOS2017
EUROPEAN CAPITAL OF CULTURE

Paphos, along with the Danish town of Aarhus, is now the European Capitals of Culture for 2017.

Pafos 2017's mission "is to send the message to all European countries and in the Middle East, which in recent years is suffering from wars, conflicts and a serious humanitarian crisis, that the values of humanism and culture should prevail," Mayor Phedonos said.

The cultural programme will officially begin on January 21 in Aarhus, while the opening ceremony for Pafos 2017 will take place on January 28 and will be attended by EU Commissioner for Humanitarian Aid and Crisis Management Christos Stylianides, and President Nicos Anastasiades.

The opening ceremony for Pafos 2017, which is inspired by one of the themes for the year's cultural programme 'Myth and Religion', was designed by a team of Cypriot artists in cooperation with the group Walk the Plank. It aims to illustrate the history, multiculturalism and contemporary culture of Paphos as an integral part of the broader European civilisation.

The event is inspired by the legend of Paphos which centred on the myth of Pygmalion and Galatea. Pygmalion was a mythical king of Cyprus and a sculptor. He carved an exquisite statue, Galatea, with whom he fell in love and when he kissed her she came to life. According to the legend, they had a child after their union was blessed by Aphrodite. They named the child Paphos, and the city where the mythical couple is said to have lived is named after the couple's offspring.

Hundreds of professionals from around the island, organised groups, volunteers, students and young children will take part. As part of the programme, Greek Cypriot and Turkish musicians and singers will join in as well as a jazz orchestra from Aarhus.

The opening ceremony will also include a spectacle of lights and sound, while Greek singer Alkistis Protopsalti and other artists will have a central role in the ceremony.

For more information check out www.pafos2017.eu

Did You Know?



Cyprus' famous Brandy Sour cocktail was developed following the introduction of the first blended brandy, by the Haggipavlu family in the early 1930s. It was created at the Forest Park Hotel in Platres for the young King Farouk of Egypt who often stayed at the hotel during his frequent visits to the island. It was introduced as an alcoholic substitute for iced tea as a way of disguising the Muslim monarch's preference for Western-style cocktails.

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The KVHA does not necessarily endorse the views expressed in this publication.

Ancient Ramparts Found

By Maggie Wright

Archaeological excavations in Kouklia in 2016 have revealed, among others, an ancient rampart dating as far back as 6th century BC. The Department of Antiquities of Cyprus has announced the completion of the University of Cyprus 2016 field project in the economic-administrative citadel of Ancient Paphos at Kouklia, under the direction of Professor Maria Iacovou. The 2016 excavations were conducted in two phases between May and October on the plateau (citadel) of Hadjiabdoulla, which houses an extensive storage-plus-industrial complex of the Cypro-Classical



period, and on the nearby impressive man-made mount of Laona, the press release says.

Both monuments were unknown prior to the initiation of the Palaepaphos landscape analysis project (2006-2016) by Professor Maria Iacovou. It is thought that the plateau of Hadjiabdoulla, located east of the sanctuary of Aphrodite, functioned "as the centre of the royal dynasty that ruled the city-state of Paphos until the end of the 4th century BC." The stone-built complex under investigation extends over 65 m. along the plateau's northern edge. "It consists of stepped terraces built down the slope; it is subdivided into production and storage units by means of long cross-walls and parallel retaining walls," the press release reads.